

Junior Activities (Nippers) in Surf Life Saving



1 What Does a JAC Do?

- Oversees safe, fun, inclusive Nipper programs
- Plans logistics and communicates with parents and volunteers
- Leads a committee to deliver activities

2 Planning & Communication

- Planning starts before the season
- Calendar includes key events, training, and themed days
- Uses newsletters, social media, and Team App for updates
- Seeks feedback from parents each season

3 Resources for Age Managers

- SLSA's Junior Development Framework guides weekly lessons
- Video resources help deliver fun games and activities for all ages, including rainy-day options

4 Supporting Volunteers

- Weekly briefings set clear expectations
- New age managers paired with experienced mentors
- Encourages younger members to assist and learn for future roles

4 Helping Nippers Transition

- Introduces U13s/U14s to senior club activities early
- Runs live-in training camps for SRC and Bronze
- Holds info sessions for juniors and parents about patrols and next steps
- Keeps SRCs engaged by involving them in water safety for Nippers