



Title:	State Surf Rescue Competition Clarification – 2024/25
Audience:	SLSQ Surf Rescue Competitors, Coaches and Officials
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2024/25 State Championships Surf Rescue Competition Clarifications

SLSQ after consultation with Coaches and Officials wanted to ensure that leading into the State Surf Rescue Championships that certain items were clarified prior to the event and ensure that all competitors are given the appropriate time to modify or correct any training that is required.

This competition will be conducted under rules in accordance with the current Surf Sports Manual (37th Edition, July 2024 available at <https://www.manula.com/manuals/slsa/surf-sports-manual-37th-edition/1/en/topic/introduction>.)

It is to be noted that this is a competition and as such we follow competition requirements which may differ to current practice elements. This will apply to all events including Resuscitation elements, First Aid scenarios and Champion Patrol scenarios.

During Champion Patrol scenarios watches are permitted to be worn.

Smart watches are not permitted.

First Aid will be as outlined in Appendix D of the current edition of the Surf Sports Manual. There is only 1 First Aid Kit and 1 blanket required per team.

Competitors are required to have their own Live Heats wrist band for all sections of the competition.

Theory Questions will be taken from the PDF version of the **Public Safety & Aquatic Training Manual 35th Edition For competition use only Season 2024/25** available from the SLSA Members Area Document library

- U14&U15 age group multiple choice questions will **NOT** be sourced from Modules 7 & 9. Questions may be sourced from all other pages.
- U17, U19, Open and Master’s age group multiple choice questions will be sourced from all pages.

Surf Life Saving Queensland

18 Manning Street
 South Brisbane QLD 4101
 PO Box 3747
 South Brisbane QLD 4101

t. +61 7 3846 8000
 f. +61 7 3846 8008
 w. lifesaving.com.au
 ABN 27 360 485 381



Resuscitation element on Live Patient for Champion Lifesaver and Champion Patrol.

- **Danger** - During the sequence in checking for danger the competitor **must** apply gloves. Gloves may be removed for the CPR on a mannikin sequence.
- **Response** – When determining response, a competitor must assess the consciousness of a victim by talk and touch, (squeeze the shoulders, shout simple commands and ask simple questions.) You may follow the COWS acronym. The key element in squeezing the shoulders is hand position – please see figure below of the hand position on the shoulders.



- **Send for Help** – Sending for help will require a minimum of asking someone in the room call 000 and requesting an ambulance and also requesting they report back to you to ensure emergency services have been called - (competitors may request assistance and equipment from other patrol members; however, this is not essential.)
- **Airway** – Checking the airway can be done in either the neutral or head tilt position in the first instance. However, the head must be in full head tilt prior to the instruction “foreign bodies and fluids are visible”.
When assessing the airway, **look** in the victim’s mouth to see if there is any material in the mouth, while maintaining backward head tilt, chin lift and drainage. Use gloved fingers to sweep away any material such as fluids from the victim’s mouth. If there are any visible obstructions, reach in and remove them with your gloved fingers.

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- **Breathing** - When the airway is clear check for breathing by maintaining backward head tilt while you **look, listen and feel** for signs of normal breathing.
- **CPR** – In preparation for CPR the hands are to be placed lightly on the victim’s chest and must be touching the victim.

Champion Patrol Scenarios will be conducted using amendments in Surf Sports Manual 37th Edition – July 2024 (**3.5.12 Scenario Tasks**).

- Please note that Teams will have their equipment checked by an Official prior to entering this component of the event.

Teams will be provided with Patrol Log and Incident Report Forms required for the scenario.

If you require any further information in relation to this please feel free to contact SLSQ Sport Manager, Stuart Hogben.

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