

NORTH
QUEENSLAND
BRANCH

YOUTH HANDBOOK



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INTRODUCTION

The engagement of Youth Members is essential to the viability of any surf lifesaving club.

Each season there are a number of activities available at a Branch, Regional, State and Australian level to engage Youth Members and support them in their endeavours as volunteer life savers and assist them in becoming future leaders of the lifesaving association.

We would encourage every club in North

Queensland has a Youth Development Officer to assist in guiding youth members in their pursuits/activities throughout the season.

North Queensland Branch is committed to the development of Youth Members and as such have created this resource to assist Youth Development Officers and Clubs in arranging activities for their Youth Members.



NORTH QUEENSLAND BRANCH STRUCTURE & SUPPORT MECHANISMS

The Youth Development Officers of our affiliated clubs are automatically members of the NQ Branch Youth Development Committee. This committee meets as required or requested.

Youth Panel : NQ Branch is looking to establish a Youth Panel in 2025. This panel is made up

of youth members who have attended Branch or State Youth Programs and are tasked with creating activities for Youth Members in NQ Branch.



THE YOUTH
OF TODAY ARE
**THE LEADERS
OF TOMORROW**

NQ YOUTH PANEL

About the NQB Youth Panel

Aim

The aim of this panel is to develop and implement the programs, activities and events for North Queensland Branch. We would like to have activities and programs that our youth are interested in and will assist in the personal development of their skills and leadership for future.

The program also aims to encourage young adults to think critically about sustainability in their club and branch, share solutions and identify pathways for change in the future.

Objectives

To develop members' leadership, communication and networking skills. By providing a platform for members to share, learn and identify potential

issues, opportunities and areas of change within Surf Life Saving Queensland in order to support sustainable surf clubs.

Focus areas

- Networking
- North Queensland Branch
- Affiliated Clubs
- YDOs, CTOs, Club Captains, etc.
- Developing skills to support sustainable surf clubs
- Taking on positions within the club, branch or state
- Support for members in positions
- How do we make participants effective in their roles?
- Resources, Support and Guidance
- Pathways

Selection Criteria

- Candidates are recommended to have attended but not limited to a Branch or state camp, program or committee.
- Members aged 16-25 years
- Must be a current active life saver

How to Apply

Applications open each season via Jotform sent to Club YDO with members who have attended state programs invited to apply.



NORTH QUEENSLAND BRANCH YOUTH ACTIVITIES/PROGRAMS

Why

At North Queensland Branch we are all about recognising the role of Youth Members in our Branch. As such starting in April 2025 NQ

Branch will be recognising the youth members from the 5 clubs with the introduction of the Youth of the Month award.

How

Nomination through Club YDO, Branch will send Jotform link to YDO to complete with selection criteria as below with 60-100 words in each

criteria along with a photo and submit by the end of the month the award is relevant for.

Who

In choosing the recipient of the NQ Branch Youth of the Month, regard is given to the nominee's achievements in the month immediately prior to receiving the award, as well as their past achievements and ongoing contribution to their club and NQ Branch.

An individual need only be nominated once to be considered for youth of the month. The number of nominations received per nominee bears no weight in their selection.

Selection criteria:

1. 14 year (and above) to 17 years
2. Active member of club
3. Selected participants will be endorsed by their clubs

Eligibility Criteria

1. Nominees must be a registered and proficient member in an affiliated club.
 2. Nominees must be at least 14 years and between 14 - 25 years of age for the month they are nominated in.
 3. A person cannot receive the award twice in the same season.
 4. Unsuccessful nominees may be re-nominated in the subsequent month.
 5. Selection panel may choose to contact the nominee for disclosure of further information.
 6. Absolutely NO weight is given to the number of times a person is nominated
-

Due Dates

- **April – 30th April**
- May- 31st May
- **June – 30th June**
- July - 31st July
- **August - 31st August**
- September – 30th September
- **October - 31st October**
- November - 30th November





NORTH QUEENSLAND BRANCH YOUTH ACTIVITIES/PROGRAMS

To bring our NQB youth together to inform them on youth initiatives available in our branch. Introduce our NQB Youth Panel and Club YDO's. Provide an opportunity for them to collaborate

on ideas and youth initiatives they would like to see happen in the branch. This could include activities, development programs and pathways.

Who

- NQ Youth 14-25 years
- Club YDO's
- Parents and anyone with an active involvement in the development of our NQB youth

When

- Saturday 19th July 2025
- 5.00pm – 6.30pm

Where

- Mission Beach SLSC (upstairs room)

**Snacks and Refreshments provided*





NORTH QUEENSLAND BRANCH YOUTH ACTIVITIES/PROGRAMS

Why

The NYSE Lifesaving Development Program is an annual/bi-annual event and involves travel to Gold Coast or Sunshine Coast for our youth to experience Surf Life Saving and opportunities

- **Surf Life Saving Skills**
- Leadership
- **Fitness & Motivation**
- Personal Development

in SEQ. The key activity is to develop members Lifesaving knowledge with a focus on the following:

- **Problem Solving**
- Teamwork
- **Pathways through Lifesaving**

How

Clubs should identify members who are eligible within this age group and can put applications in when they are sent out annually (usually via the NQ Regional Office).

Once all applications are in these are then sent to clubs for endorsement

Make sure you have an internal club process that identifies the members that the club will endorse to go.

Who

The Gold Coast Youth Development Camp is open to members 14 to 17 (Age are determined as per the participant's membership category

for the current season), who are registered financial members of a NQ Branch Club.

Selection criteria:

- 14-17 years, Active Observers, SRC or Bronze Award
- 14 year (and above) to 17 years
- Active member of club
- Selected participants will be endorsed by their clubs

What

- To provide an opportunity for junior lifesavers to gain knowledge, experience and develop skills in a wide range of outdoor activities which incorporate lifesaving skills.
 - To provide a program structured to develop maximum participation, confidence and leadership.
 - To provide an opportunity for junior lifesavers to develop leadership skills to impact their knowledge and skills in surf lifesaving.
-

Costs

- Advised annually with Expressions of Interest



NORTH QUEENSLAND BRANCH YOUTH ACTIVITIES/PROGRAMS

Youth Patrol

Why

To support the Lifesaving Development of our NQB Youth by experiencing patrolling with another club in our Branch. To develop our members lifesaving skills, engage youth across

our branch in skill and leadership development. Offer the opportunity to gain Awards as applicable.

How

NQ Branch will develop a Youth Patrol roster to work with club patrol rosters and provide transportation to patrols out of the youth participants region.

Youth will be transported to the Youth Patrols in regions via NQB vehicle or hired transport.

Who

NQB Youth 14-25 years

Cost

NIL to members

NQ Branch to provide transport, accommodation at clubs, meals as applicable

What

- To provide our NQB Youth with the experience of patrolling at another club.
- Gain experience in patrol operations and equipment in NQB Clubs
- Lifesaving skill development
- Gain awards and develop on existing awards



SLSQ YOUTH PROGRAMS

SLSQ Youth Excellence Program YEP

Why

YEP provides an opportunity for youth Members to be exposed to the many different elements lifesaving offers. It is designed to provide youth with knowledge, and experience and allows them to develop skills in a wide range of activities in an enjoyable and stimulating environment. The program is structured to

develop maximum participation, confidence and leadership in all participants. It also aims to introduce the participants to the more formal and responsible roles of Surf Life Saving such as patrol captaincy, responsibilities of positions, and future pathways.

How

Expressions of Interest are distributed by SLSQ to clubs – contact your club to register your EOI for the program.

Who

Participants are eligible to apply if they meet the following criteria:

- Be minimum of 15 years of age and a maximum of 17 years of age at the time of the program;
- Be a financial member of an SLSQ affiliated Surf Life Saving Club;
- Be proficient in either the Surf Rescue Certificate or Bronze Medallion;
- Have demonstrated an eagerness to develop a wide range of skills in Surf Life Saving;

What

- For young, like-minded surf lifesavers to come together, have fun and create lifelong connections
- To introduce participants to the various pathways within the organisation and enhance their contributions to the wider community
- To develop teamwork and communication skills, while inspiring the future leaders of the organisation

When

- Annually – contact club Youth Development Officer for more information

Costs

- Advised annually with Expression of Interest



SLSQ YOUTH PROGRAMS

SLSQ Lifesaving Development Program

Why

LDP is an education program that allows Members to gain a number of lifesaving Awards in a short space of time. A significant component of the training is delivered through scenarios providing a high impact on participant's skill development and teamwork abilities. Program participants will gain a

number of Awards including First Aid, Advanced Resuscitation Techniques and IRB Crewperson OR Silver Medallion IRB Driver. Participants will also be exposed to additional skills and development opportunities including pathways, teamwork, leadership and lifesaving operations.

How

Expressions of Interest are distributed by SLSQ to clubs

Who

Members are eligible to apply as a **Participant** if they meet the following criteria:

- Be minimum of 16 years of age and a maximum of 20 years of age at the time of the program;
- Be a financial member of an SLSQ affiliated Surf Life Saving Club;
- Proficient Bronze Award
- If over the age of 18 years hold a current Working with Children check and complete all child safety courses

When

- Annually – contact club Youth Development Officer for more information

What

- Ensure high quality and enjoyable delivery of core learning experiences to youth members through the delivery of consistent high-quality training
- Provide Surf Life Saving Clubs with highly skilled and qualified Members
- Ensure excellence in service delivery between the red and yellow flags
- Allow networking opportunities for youth Members from across the state
- Identifying next generation leaders/operations support personnel
- Retain youth Members through age specific training



Costs

- Advised annually with Expression of Interest

SLSQ YOUTH PROGRAMS

SLSQ Leadership Excellence Program

Why

LEP provides an opportunity for Members to gain the knowledge and skills to advance as a leader within Surf Life Saving. This program is a key part of SLSQ's retention and succession strategy to ensure a strong and vibrant future

for the organisation. Participants will network with fellow surf lifesavers and participate in fun activities, develop leadership qualities and learn transferable skills.

How

Expressions of Interest are distributed by SLSQ to clubs

Who

Members are eligible to apply as a Participant if they meet the following criteria:

- Be minimum of 18 years of age
- Be a financial member of an SLSQ affiliated Surf Life Saving Club;
- Hold a working with children Blue Card and have completed the required child safety course.
- Proficient Bronze Medallion and/or Advance Resuscitation Techniques or First Aid Certificate (desirable).
- Show leadership qualities and /or willingness to take on leadership roles within Surf Life Saving
- Preferably have had previous exposure to leadership/development training (eg. at a Club/Branch development program)

What

- To develop inspired and resilient leaders
- To create agents of change
- To enhance leadership capability to manage uncertain, emerging, and future challenges

When

- Early December

Costs

- Advised annually with Expressions of Interest



SLSQ YOUTH PROGRAMS

SLSQ Advanced Lifesaving Development Program

Why

The Advanced Lifesaving Development Program is designed for more than just gaining an award. With the goal of creating future leaders in the operations space, participants will learn incident management and be expected to act as incident controllers and members within the response team. Program participants will have the opportunity to gain their Beach Operations Management Skillset (BOM), however will also be exposed

to additional skills and development opportunities including pathways, teamwork, leadership, and lifesaving operations. This Program trains using the Experiential Learning Theory (ELT) education model. ELT uses scenario-based training to give candidates the opportunity to experience realistic emergency scenes to practice their lifesaving skills. Please note, the program involves a variety of realistic emergency situations.

How

Expressions of Interest are distributed by SLSQ to clubs Each club is allocated one candidate position (however more

are able to apply). The club is asked to prioritise their list of candidates

Who

Members are eligible to apply as a Participant if they meet the following criteria:

- Be minimum of 18years of age
- Be a financial member of an SLSQ affiliated Surf Life Saving Club;
- Be proficient in Bronze Medallion, First Aid and ART
- Minimum 2 years patrol experience

What

Surf Life Saving Queensland is delivering the Advanced Lifesaving Development Program (ALDP) to provide members

opportunity to further their skills and gain advanced lifesaving awards

When

- 2-5 May 2025
-

Cost

- Advised annually with Expression of Interest



SLSA YOUTH PROGRAMS

SLSA Leadership College

Why

The NLC provides an exciting opportunity for young people within the movement to further develop their leadership skills and continue to positively contribute to the success of SLS. As well as learning new skills and creating opportunities for personal growth, NLC will open new networks with other likeminded passionate members across the country, who are also committed to making a difference within the movement.

How

Expressions of Interest are distributed by SLSA to SLSQ and then to clubs

Who

- Participants must be at least 20 years old and a maximum of 30 years
- Be a current financial member of an SLSA affiliated Surf Life Saving Club
- Demonstrate previous leadership training/experience, preferably from within the SLS movement
- Demonstrate potential as a future leader within SLS, with a desire to influence our future direction.

What

The National Leadership College (NLC) is an annual leadership and development program recognising young leaders in Surf Life Saving (SLS) aged between 20 and 30 years. Participants come from a variety of clubs, roles and SLS backgrounds. Ideally participants will have attended a state leadership program, however they may have attended similar leadership programs through work or study. The NLC is an essential step in the SLS Leadership Pathway. The NLC is designed to challenge participants intellectually, socially, emotionally and physically. The skills gained are designed to be taken back to clubs and into other areas of the participant's daily environment, with

the aim of contributing to SLS's mission statement of saving lives, creating great Australians, and building better communities.

Each day includes keynote speakers, elective sessions, activities and challenges relating to the leadership theme of the day. Participants are allocated a mentor and have ongoing opportunities for review and further development. Participants also benefit from exposure to the larger national movement. Through the sharing of ideas, resources and future directions, NLC provides an opportunity to create an effective national movement.

Cost

- \$950 (incl. GST) if flying to Sydney or \$500 (incl. GST) if making own way by car



SLSA YOUTH PROGRAMS

SLSA Masterclass

Why

The National Leaders' Masterclass (Masterclass) is an annual leadership and development program for members aged 30+ years who already hold a senior leadership role in Surf Life Saving (SLS). Participants come from a variety of clubs, roles and SLS backgrounds. Ideally participants will have attended a state leadership program, however may have attended similar leadership programs through work or study. Masterclass is an essential step in the SLS Leadership Pathway.

Masterclass provides an exciting opportunity for members within the movement to further develop their leadership skills and continue to positively contribute to the success of SLS.

As well as learning new skills and creating opportunities for personal growth, Masterclass will open new networks with other like-minded and passionate members across the country, who are committed to making a difference within the movement. Masterclass is designed to challenge participants intellectually with the aim to build strategic thinkers and advocates for change. The skills gained are designed to be taken back to clubs and into other areas of the participant's daily life, with the aim of contributing to SLSA's mission statement of saving lives, creating great Australians and building better communities.

How

Expressions of Interest are distributed by SLSA to SLSQ and then to clubs





Who

Participants must meet the following requirements:

- Ideally be a minimum of 30+ years of age as of January
- Be a current member of an SLSA affiliated surf lifesaving club
- Demonstrate leadership training/experience, preferably from within the SLS movement ▪ Currently hold a senior leadership role within SLS
- Possess a healthy desire to influence our organisation's future direction.

There will be a rigorous screening process for applications, with a maximum of 20 participants selected from around Australia.

Each club is encouraged to nominate one member with the greatest level of current engagement and potential.

Participants need to be endorsed by their club and SLS state/territory centre, however please note that this endorsement does not guarantee acceptance to Masterclass.

What

Participants will benefit from exposure to the larger national movement. Networking with members from clubs nationally is a highlight as they share ideas and create new friendships and networks. Participants can see the big

picture for SLS as they gain greater exposure to national goals and aspirations. Through the sharing of ideas, resources and future directions, Masterclass provides an opportunity to create an effective national movement.

What will participants get out of Masterclass?

- Refreshed and extended leadership capabilities.
- A raised awareness of the issues, responsibilities and accountabilities in leadership within SLS.
- An alignment between the challenges of leading and managing a club and addressing some of the current societal issues.
- An increased awareness of the requirement for leaders within SLS to think at a strategic level.
- The opportunity to network and share ideas regarding leadership issues in SLS with other like-minded members from around Australia
- Exposure to Surf Life Saving at a national level.
- Share opinions and workshop current issues.
- Be inspired by industry professional guest speakers.
- Become part of the Leadership Alumni.

Cost

\$950 (incl. GST) if flying to Sydney or \$500 (incl. GST) if making own way by car





Queensland

lifesaving.com.au