





JUNIOR BOARD GUIDE

SURF LIFE SAVING
QUEENSLAND



	 Boogie Board (any age)	 Soft Nipper Board (2.0m and no minimum weight)	 Composite Nipper Board (2.0m and minimum 4.5kg)	 Full Length Composite (3.2kg and minimum 7.6kg)
U6 7	✓	✗	✗	✗
U8	✓	✓ <small>Training only From 1st Jan</small>	✗	✗
U9		✓	✗	✗
U10		✓	✓ <small>Only U10s competing up in U11 team events will be required to use foam or fibreglass boards with a minimum weight of 4.5kg</small>	✗
U11		✗	✓	✗
U12		✗	✓	✗
U13		✗	✓	✗
U14		✗	✗	✓ <small>U14 members and older must use a full length composite board</small>

For more information on Surf Board Usage see [Surf Sports Manual: Section 6 – Appendix A](#)

*For more information please refer to the SLSQ App at: slsqm.entegyapp.com.au/Page/61/6272