

JUNIOR SURF SPORT BOARD GUIDE



A risk assessment must be conducted before any water activities take place

SOFT NIPPER BOARD
(foamie)

SLSA water safety policy and procedures must be followed

FIBREGLASS OR SOFT NIPPER BOARD (nipper board)
Minimum weight 4.5kg

Hi vis vests must be worn at all times

FULL LENGTH FIBREGLASS
(racing mal)
Minimum weight 7.6kg

	Training		Competition		Training		Competition		Training		Competition	
U6 7	×	×	×	×	×	×	×	×	×	×	×	×
U8	Must complete U8 preliminary skills evaluation		×	×	×	×	×	×	×	×	×	×
U9			✓	✓	×	×	×	×	×	×	×	×
U10	✓	✓	Must complete U10 preliminary AND competition skills evaluations		Only U10s with the U10 Age Award can compete in U11 team events using the designated nipper board.		×	×	×	×	×	×
U11	×	×					✓	✓	×	×	×	×
U12	×	×	✓	✓	Must complete U12 preliminary AND competition skills evaluations		✓	✓	Only U13s with the U13 Age Award can compete in U14 team events using the Fibreglass racing mal.		×	×
U13	×	×	✓	✓			✓	✓			×	×
U14	×	×	×	×	✓	✓	✓	✓	Surf Life Saving Rescue Boards can be used when training for the SRC at U14		×	×