

BRISBANE LIFESAVING SERVICE

Information Booklet



The History of the Red and Yellow

“The red and yellow flag was initially used with great success in World War 1 particularly by ships and when flying at full mast, indicated man overboard and all friendly ships in the vicinity commenced search procedures immediately. On the 25th April 1915, the red and yellow was hoisted to symbolise mate ship on the shores of Gallipoli. In order to ensure that the ANZACS could easily recognise friend from foe, the red and yellow flag was conceived to signal a safe haven for their own.

Upon returning from overseas service, Australian soldiers saw the need to establish a common image in the early 1920’s to represent safe swimming areas on Australian beaches. The red and yellow was born on Australian beaches at the instigation of these men who saw the flag as a representation of years of mateship, service and above all, a duty to protect others.

The red and yellow flags have come to be an Australian icon, representing a culture founded on the need to be a true mate and put others first. The red and yellow cap branches from the foundations of the red and yellow flag and ensures that Life Savers are easily identifiable to the public, thereby providing beachgoers with the same security they have when they see the flags flying”.

MARK FIFE OAM

Surf Life Saving Queensland President

Who We Are

Surf Life Saving Queensland’s (SLSQ) ground-breaking Brisbane Lifesaving Service (BLS) is a Brisbane based volunteer service. Members train in key lifesaving skills necessary to support small clubs and deliver extra lifesaving services throughout South East Queensland. BLS formally began in 2011 to support our fellow volunteer Surf Lifesaver to deliver our vision of “Zero Preventable Deaths in Queensland Public Waters”.

The Members of BLS commit to one patrol a month with a team, patrols are located on the Gold and Sunshine Coasts.

Brisbane Lifesaving Service is currently discussing with clubs who need assistance for the 2020/2021 season. Members were engaged in the provision of patrolling activities and supporting services at the following locations for the 2019/20 Patrol Season:

- Pacific SLSC
- Bilinga SLSC
- Rainbow Bay SLSC
- Surfers Paradise SLSC
- Redcliffe SLSC

These locations change each season depending on which clubs require further support. A patrol roster is released at the commencement of each season that includes all patrol locations for the season.

Outline

SLSQ will be encouraging passionate BLS members of this movement to have the opportunity to gain qualifications and experience in all services of Surf Life Saving Queensland. This includes visits to the Gold Coast and demonstration of our operations support services like; the wave runner, and radio operators in our State Operations Communication Centre.

Objectives

- To provide members the opportunity to engage in the wide range of rescue services available within SLSQ and see how each craft plays an important role in the community.
- To provide a program to benefit the individuals participating by helping them to discover and achieve their desired goals and give direction on different services available within SLSQ.
- To provide the opportunity for members to develop leadership skills and greater their knowledge and skills within SLSQ.

Participants Fees

Membership Category	Fee
New Membership	\$170
Active Membership - Renewal	\$80

The initial membership will include a:

- BLS T-Shirt
- BLS Swimwear
- Training Rash Shirt
- Full Patrol Uniform (upon successful completion of Assessment)
- Award Resources
- Ongoing access to training courses at no additional cost. Most training is nationally accredited – transferrable to work or educational institutions.

Uniforms

Throughout the program you will be required to wear the BLS Shirt and at times your patrol uniform. Alterations to this clothing will not be tolerated, e.g. cutting sleeves, drawings etc. When wearing the required uniform you will be expected to act responsibly as you are representing the entire Surf Life Saving organisation, as well as Brisbane Lifesaving.

Please ensure your completed and endorsed nominations are in prior to this date to allow for efficient completion of all administration and program planning.

How do you register?

To register for BLS, participants will need to complete:

- Sign up to Brisbane Lifesaving Service at <https://join.sls.com.au>
- Create a Members Portal account at: <https://portal.sls.com.au/>
- Attend an information and pool swim session. Contact brisbane@lifesaving.com.au to arrange
- Complete and submit a Blue Card form
- Finalise payment of membership fees
- Request access to the Brisbane Lifesaving Service Facebook Group

Please ensure your completed and submitted the relevant forms prior to the commencement date of the course to allow for efficient completion of all administration and program planning.

Notification of Selection

Participants will receive a letter of acceptance via email, outlining further details of the program. You will also be added to the Brisbane Lifesaving Facebook page upon request.

Any Questions?

If you have any further questions or queries, please do not hesitate to contact Surf Rescue House.

Phone: (07) 3846 8000

Email: brisbane@lifesaving.com.au

Course Information

Observer

Got an eagle eye but no desire to enter the water? Be part of a team and stay dry on the beach.

As an Observer, you will be able to supplement your First Aid or ART awards on patrol with the skills and knowledge to actively patrol the beach and assist in the surveillance of beachgoers.

Requirements

Applicants must be a minimum of 13 years old on day of course commencement.

Training

The Observers Award takes no more than 1.5 to 2 hours to complete and ensures that members acting in the role of Age Manager or undertaking patrolling duties as an Award Member (i.e. holding a First Aid or ART award) have the necessary knowledge and understanding of the beach environment.

This Course Covers

- Surf awareness and skills: Identifying rips, different types of waves, patient recognition;
- Communication: Signals; and
- Beach management.

Program	Time / Date	Activity	Venue
Observer's Certificate	2 hours training session, mutually agreed time	Observers Award	SLSQ Support Centre

Bronze Medallion

Join the iconic “red and yellow army” and become a fully-qualified surf lifesaver on beach patrol.

The Bronze Medallion is considered the pinnacle of Surf Life Saving patrolling awards. As a Bronze Medallion holder you will have the required skills and knowledge relating to surf awareness, rescue techniques, radio communication, CPR and first aid. You are responsible for patrolling the beach and ensuring that the public remain safe, and may be called upon to perform rescues on the board or with the tube, as well as execute preventative actions.

Requirements

Applicants must be:

- a minimum of 15 years old on day of course commencement; and
- able to complete a 400m pool swim in less than 9 minutes.

Training

The Bronze Medallion course takes approximately six sessions to complete, with both physical and theory components (the theory component can be completed through an on-line learning platform). This training equips participants to patrol as a Bronze Medallion award member, the core award required to become a qualified surf lifesaver across Australia.

This Course Covers

- Safety and well-being
- Surf awareness and skills
- The human body
- Resuscitation, Defibrillation and basic oxygen techniques
- First aid Communications
- Radio operations
- Rescue techniques
- Carries and supports
- Beach management

Nationally Recognised Units

Upon completion the following Nationally Recognised qualifications will be awarded to the member:

- PUA21012 Certificate II in Public Safety (Aquatic Rescue)

Including the following units of competencies:

- PUAOPE013 Operate communications systems and equipment
- PUASAR012 Apply surf awareness and self-rescue skills
- PUASAR013 Participate in an aquatic rescue operation
- HLTAID002 Provide basic emergency life support
- PUACOM001 Communicate in the workplace
- PUATEA001 Work in a team
- PUATEA004 Work effectively in a public safety organisation
- PUAWHS001 Follow defined work health & safety policies & procedures

Program	Time / Date	Activity	Venue
Bronze Course	January to March	Bronze Medallion and Certificate II in Public Safety	SLSQ Support Centre and Sunshine Coast

Surf Rescue Certificate

Get the perfect introduction to surf lifesaving with this preparatory role to join a beach patrol team.

The Surf Rescue Certificate (SRC) is a stepping stone towards gaining a Bronze Medallion and provides participants with basic skills and knowledge of first aid, rescues, and CPR, enabling them to patrol as part of a patrol team. This is the perfect pathway from Junior Activities to patrolling ranks or for parents/guardians who wish to assist with water safety during nipper programs, sports carnivals or training.

Requirements

Surf Rescue Certificate holders must be:

- A minimum of 13 years old on day of course commencement
- Able to complete a 200m pool swim in less than 5 minutes
- A member of a surf life saving club

Training

The Surf Rescue Certificate will take approximately five sessions to complete, with both practical and theory tasks required. As a Surf Rescue Certificate award member, you will be able to patrol as a part of a patrol team and provide water safety at Junior Activities and surf sport events.

Nationally Recognised Units

Upon completion the following Nationally Recognised qualifications will be awarded to the member:

- PUAOPE013 Operate communications systems and equipment
- PUASAR012 Apply surf awareness and self-rescue skills
- PUASAR013 Participate in an aquatic rescue operation
- HLTAID001 Provide cardiopulmonary resuscitation.

Program	Time / Date	Activity	Venue
Surf Rescue Certificate Course	January to March	Surf Rescue Certificate	SLSQ Support Centre and Sunshine Coast

First Aid

Let your caring and compassionate side shine as you patrol and provide first aid on the beach (but stay out of the water).

The First Aid award provides participants with the skills and knowledge required to provide initial care and treatment to a sick or injured person. As a First Aid award holder you are able to patrol in a patrol team to provide first aid to the public, but are not required to enter the water for rescues.

Requirements

First Aid Award members must be:

- minimum of 14 years old on day of course commencement.

Training

A full day course (8 hours) will expose the participant to varying scenarios relating to health conditions and emergency situations that may arise on the beach, in the workplace or around the home.

[Click here](#) to find available First Aid courses within your area.

This Course Covers

- How to respond in an emergency situation
- Apply appropriate first aid procedures
- Communicate details of the incident
- Evaluate own performance
- Evaluate the incident

Nationally Recognised Units

Upon completion of the course, the following Nationally Recognised Units will be awarded:

- HLTAID003: Provide First Aid

Program	Time / Date	Activity	Venue
Provide First Aid	Fortnightly on Friday's	First Aid Course	SLSQ Support Centre

Radio Operator

Got a voice for radio but no desire to enter the water? Be part of integral communications in a patrol team and stay dry on the beach.

The Radio Operator is vital for communicating within patrols during standard patrol duties and emergency situations. As a Radio Operator, you will learn the required skills and knowledge to operate radio equipment and correct radio terminology.

Requirements

Radio Operators must be:

- a minimum of 13 years old on day of course commencement

Training

The Radio Operator Certificate takes approximately 2.5 hours to complete, and ensures that radio communications are effective during patrol duties and emergency situations.

This Course Covers

- Use of communication systems and equipment
- Transmit and receive communications
- Maintain communications equipment

Nationally Recognised Units

Upon completion of this course participants will be awarded the following Nationally Recognised units:

- PUAOPE013A: Operate communications systems and equipment

Program	Time / Date	Activity	Venue
Radio Operator	2 hours training session, mutually agreed time	Observers Award	SLSQ Support Centre