



**ENDURANCE
CHAMPIONSHIPS**

2024 QLD ENDURANCE CHAMPIONSHIPS

ORDER OF EVENTS

**SURF LIFE SAVING
QUEENSLAND**



SWIM – 5km (8.00am)	BEACH - 4 Km Run (8.00am)
Open Male / Female	Open Male / Female
SWIM – 500m (8.10am)	
Under 11 Male / Female	Masters Wave Including:
Under 12 Male / Female	30-39 Years Male/Female
Under 13 Male / Female	40-49 Years Male/Female
SWIM – 1 Km (8.50am)	50-59 Years Male / Female
Open Male / Female	Under 14 Male / Female
50-59 Years Male / Female	Under 15 Male / Female
60-60 Years Male / Female	Under 17 Male / Female
70+ Male / Female	Under 19 Male / Female
SWIM - 2 Km (9.00am)	BEACH - 2 Km Run (9.30am)
Open Male / Female	Under 11 Male / Female
Under 19 Male / Female	Under 12 Male / Female
30-39 Years Male / Female	Under 13 Male / Female
40-49 Years Male / Female	60-69 Years Male / Female
Under 14 Male/Female	70 + Years Male / Female
Under 15 Male/Female	
Under 17 Male/Female	
Board – 6km Downwind (10:30am)	BOARD - 4 Km Paddle (11.15am)
Open Male / Female	30-39 Years Male / Female
Under 19 Male/Female	40-49 Years Male/Female
BOARD – 1km Paddle (10.30am)	Under 17 Male/Female
Under 11 Male / Female	Under 14 Male/Female
Under 12 Male / Female	Under 15 Male / Female
Under 13 Male / Female	
BOARD – 2 Km Paddle (11.00am)	
50-59 Years Male / Female	
60-69 Years Male / Female	SKI - 8 Km Paddle (1.15pm)
70 + Years Male / Female	30-39 Years Male / Female
SKI - 6 Km Paddle (1pm)	40-49 Years Male / Female
50-59 Years Male / Female	SKI - 12 Km Paddle (1.30pm)
60-69 Years Male / Female	Under 19 Male / Female (Spec)
70+ Male/Female	Open Male/Female (Spec)
U17 Male/Female	Open Male / Female (Ocean)
	30+ Male/Female (Spec)