



Queensland

YOUR SAFETY MATTERS!

Creating a Safe and Supportive Environment for All Young Members

Your Right to Be Safe



You have the right to **feel safe, happy**, and **respected at all times**. No one should ever hurt you, scare you, or make you feel uncomfortable.

What's NOT Okay



If someone touches you in a way that feels wrong, says mean things, tells you to keep upsetting secrets, shows you things that aren't for kids, or leaves you out on purpose — that's not okay. **You should always tell someone.**

You can speak to a trusted adult at your club, a teacher at school

You're never too little to ask for help.

If something doesn't feel right, you can say no, walk away, and find somewhere safe. Tell an adult you trust — and keep telling until someone listens and helps.

Call Kids Helpline on:

1800 55 1800

it's free and confidential.

You are important. You deserve to feel safe.
And there are adults who care and want to help.

www.lifesaving.com.au/child-safe