

# NORTH STRADBROKE ISLAND

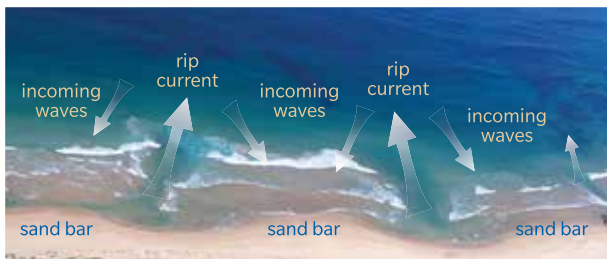
## BEACH SAFE INFORMATION MAP



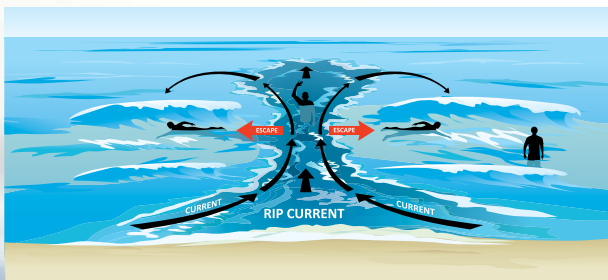
ALWAYS SWIM  
BETWEEN  
THE **RED** AND  
**YELLOW** FLAGS

# BEACH SAFETY STA

## RIPS & CURRENTS



## HOW TO AVOID & ESCAPE



Avoid rip currents, always swim between the red and yellow flags.



For assistance, stay calm, float and raise an arm to attract attention.



To escape a rip current swim parallel to the beach.



Conserve your energy, waves can assist you back to the beach.

# STARTS WITH YOU

## BEACH SIGNS

Warning Signs (diamond shape, yellow and black) are used to warn you about a hazard(s) at the beach.



WARNING NO  
LIFESAVING SERVICE



SWIMMING NOT  
ADVISED



UNEXPECTED  
LARGE WAVES



SUBMERGENT OBJECTS

Information Signs (square, blue and white) are used to provide you information about features at the beach.



PATROLLED BEACH  
5KMS AWAY



SURFBOARD  
RIDING



BODYBOARDS

**IN AN  
EMERGENCY  
CALL 000**

# REMEMBER THE **F-L-A-G-S** AND STAY SAFE!

<b>F</b>	<b>L</b>	<b>A</b>	<b>G</b>	<b>S</b>
<b>FIND</b> the flags to swim between. The red & yellow flags mark the safest place to swim at the beach.	<b>LOOK</b> at the safety signs. Safety signs help identify potential beach dangers.	<b>ASK</b> a lifesaver for advice. Conditions can change quickly. Talk to a lifesaver before entering the water.	<b>GO</b> swimming with a friend. Look out for each other and get help if needed.	<b>STICK</b> your hand up for help. Stay calm if you get into trouble. Raise your arm for help.

## BEACH FLAGS



Always swim between the RED and YELLOW flags.



RED FLAG:  
No swimming.



YELLOW FLAG:  
Caution required. Potential Hazards.



RED AND WHITE FLAG:  
Evacuate the water.



BLACK AND WHITE FLAG:  
Surfcraft riding area boundary.

# Proud supporter of Straddie's safe beaches



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# POINT LOOKOUT SURF

Founded in 1947, the Point Lookout Surf Life Saving Club is located on a rocky headland at the north east tip of Point Lookout on North Stradbroke Island, 50km east of Brisbane. Point Lookout is the easternmost point of Queensland.

Our island location make the Point Lookout Surf Club unique. We are one of the only Surf Life Saving Clubs in Australia whose volunteer members actively patrol two beaches.

Offering magnificent views of Main Beach and the headland, the supporters club is one of the most in demand venues on the island.

We are always looking for new members of all ages from 5 years and up. There is a role for everyone and members can be involved in all aspects of the Point Lookout Surf Life Saving Club - it's not just about patrolling the beaches.

For membership enquiries please contact our Club Administrator, Ben Whibley:

**Mobile: 0428 771 377**

**Email: [admin@pointlookoutslsc.com.au](mailto:admin@pointlookoutslsc.com.au)**





# OF LIFE SAVING CLUB



## North Stradbroke Island

### PATROL HOURS

*Lifesaver and lifeguard patrolling times*

#### **Main Beach/ Cylinder Beach**

Monday - Sunday

8am - 5pm

December/January school holidays

8am - 6pm

September school holidays

8am - 5pm

Easter school holidays

8am - 5pm

Winter Mon-Sunday

9am - 5pm

#### **Adder Rock - Flinders beach**

September school holidays

8am - 5pm

December/January school holidays ONLY

8am - 6pm

Easter school holidays

8am - 5pm