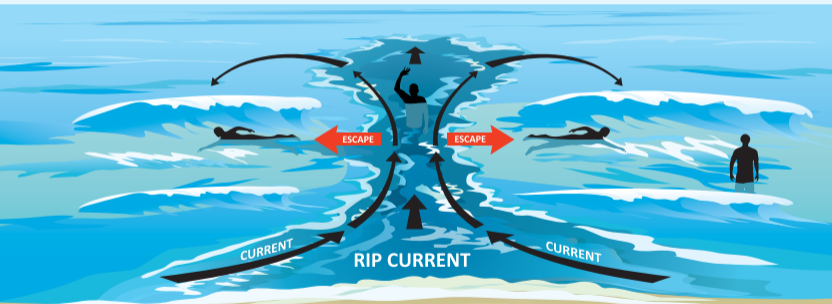


YOU CAN SURVIVE A
RIP CURRENT
BY KNOWING YOUR OPTIONS



AVOID RIP CURRENTS, ALWAYS SWIM BETWEEN THE RED AND YELLOW FLAGS



FOR ASSISTANCE, STAY CALM, FLOAT AND RAISE AN ARM TO ATTRACT ATTENTION



TO ESCAPE A RIP CURRENT, SWIM PARALLEL TO THE BEACH



CONSERVE YOUR ENERGY, WAVES CAN ASSIST YOU BACK TO THE BEACH

SURF LIFE SAVING
QUEENSLAND

