

Beach Safety

Remember the F-L-A-G-S and stay safe!

F

IND THE FLAGS

Always swim between the red and yellow flags. They represent a safer place to swim than unpatrolled areas.

L

OOK AT THE SAFETY SIGNS

Safety signs help identify potential beach dangers.

A

SK A LIFEGUARD FOR SAFETY ADVICE

Conditions can change quickly. Talk to a lifesaver before entering the water.

G

O SWIMMING WITH A FRIEND

Look out for each other and get help if needed.

S

TICK YOUR HAND UP FOR HELP

Stay calm if you get into trouble. Raise your arm for help.

For more information, visit lifesaving.com.au

SURF LIFE SAVING
QUEENSLAND

