

NOOSA NORTH SHORE & RAINBOW BEACH

BEACH SAFE INFORMATION MAP



**IN AN
EMERGENCY
CALL 000**

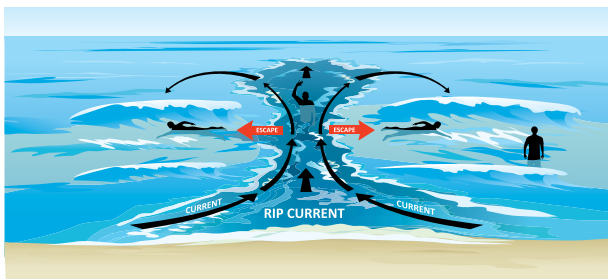
**SURF LIFE SAVING
QUEENSLAND**



HOW TO AVOID & ESCAPE

ALWAYS SWIM BETWEEN THE RED AND YELLOW FLAGS

NEVER SWIM ALONE



IF YOU'RE CAUGHT IN A RIP CURRENT, STAY CALM, CONSERVE YOUR ENERGY AND CONSIDER THESE OPTIONS:



**RAISE AN ARM
TO ATTRACT ATTENTION**



**FLOAT WITH THE CURRENT. IT
MAY RETURN YOU TO A SHALLOW
SANDBANK.**



**SWIM PARALLEL TO THE BEACH. YOU
MAY ESCAPE THE RIP CURRENT.**

REASSESS THE SITUATION.

**IF WHAT YOU'RE DOING ISN'T WORKING, TRY ANOTHER
OPTION UNTIL YOU RETURN TO SHORE.**

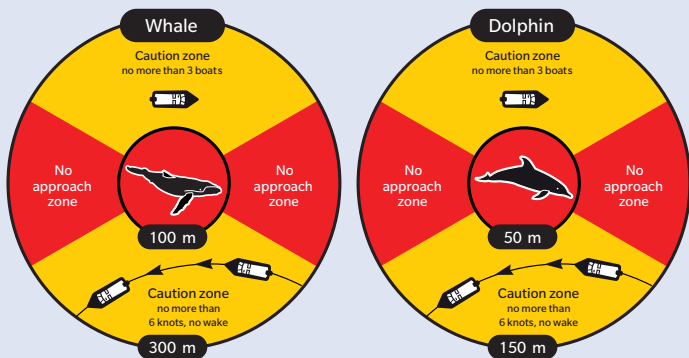
ATTENTION ALL DRONE-USERS

A friendly reminder that our helicopters fly at low level too - 200ft Above Ground Level (AGL).

We thank you for keeping an eye out for us!

Visit lifesaving.com.au/wlrhs to find out more about our service

SHARE THE WATER



Regulations when near a whale or dolphin:

- Jet skis not approach closer than 300m to whales and dolphins
- Swimmers must not approach closer than 100m to whales and 50m to dolphins
- Aircraft must remain at least 300m away from a whale or dolphin
- Helicopters must remain 500m away and not hover above a whale or dolphin
- Do not make a noise within 300m that is likely to disturb a marine animal
- It is illegal to feed a marine animal
- It is illegal to touch a marine mammal
- Special management declarations also apply

Jet ski and Boats
GO SLOW ZONE

 **RAINBOW BEACH**

DOUBLE ISLAND POINT

PATROL HOURS

Lifesaver and lifeguard patrolling times

Rainbow Beach

Monday - Sunday

8am - 5pm

December/January school holidays

7:30am - 6pm

September school holidays

8am - 5pm

Easter school holidays

8am - 5pm

Winter Mon-Sunday

9am - 5pm

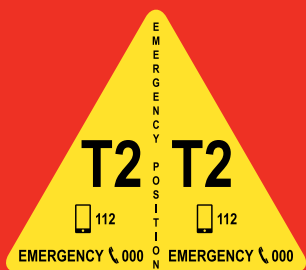


EMERGENCY BEACON

Located in front of Noosa North Shore Caravan Park

IN THE EVENT OF AN EMERGENCY

1. Call 000 or 112
2. Find the beach safety signage or emergency marker
3. Quote the emergency location number to the operator (e.g. T2, ABC001)



RESUSCITATION CHART - DRSABCD



DANGER: Ensure there is no DANGER for yourself, bystanders or the patient.



RESPONSE: Check for RESPONSE by talk and touch.



SEND FOR HELP: If unresponsive, SEND for help by calling 000.



AIRWAY: Open AIRWAY and ensure it is clear. If not, roll patient onto their side and clear their airway.



BREATHING: Look, listen and feel for BREATHING. If not breathing normally, commence CPR. For drownings: Tilt head back and give 2 rescue breaths before starting CPR. For infants: Use 2 fingers to compress chest.



CPR: Start CPR. Give 30 chest compressions followed by 2 rescue breaths with head tilt. If unable to perform rescue breaths, continue chest compressions. For Infants: Use 2 fingers to compress chest.



DEFIBRILLATION: Attach a DEFIBRILLATOR if available. Turn on and follow voice prompts.

FOR MORE INFORMATION VISIT LIFESAVING.COM.AU